

Clinic	Day	Time
Parkway Village *members and staff only* 14300 Chenal Parkway Little Rock, AR 72211	2nd Friday	10-12
Bryant Senior Activity Center 6401 Boone Rd. #3 (Bishop Park) Bryant, AR 72022	2nd Wednesday	9-11
Dunbar Community Center 1001 W 16th Street Little Rock, AR 72202	4th Thursday	9-11
Immerse Arkansas 5300 Asher Avenue Little Rock, AR 72204	2nd Monday	10-2
Lonoke Community Center 1355 West Front Street Lonoke, AR 72086	Last Wednesday	9-11
Nixon Library 703 W Main St, Jacksonville, AR 72076	2nd Thursday	11:30-1:30
Hays Senior Center *members only* 401 W Pershing, North Little Rock, AR 72114	1st and 3rd Tuesday	9-12
Sherwood Community Senior Center 2301 Thornhill Drive, Sherwood, AR 72120	1st and 3rd Wednesday	9-11
Southwest Community Center 6401 Baseline Road, Little Rock, AR 72209	3rd Thursday	9-11
Jim Dailey Fitness & Aquatic Center 300 S Monroe Street Little Rock, AR 72205	1st Monday	10-12
City Center 315 N Shackelford Rd Little Rock, AR 72211	2nd Tuesday	10-1
West Central Community Center 8616 Colonel Glenn Rd, Little Rock,	2nd Wednesday	10:30-12

AR 72204		
East Little Rock Senior Center 2500 E 6th Street, Little Rock, AR 72202	1st Wednesday	9-11
Mosaic Church of Central Arkansas 6221 Colonel Glenn Road Little Rock, AR 72204	3rd Tuesday	11-1
NLR Justice Center *staff only* 1 Justice Center Dr. North Little Rock, AR 72114	2nd Monday	8-10
AR State Troopers Headquarters *staff only* 1 State Police Plaza Dr., Little Rock, AR 72209	3rd Monday	8:30-10:30
Diabetes Support Group 10117 Kanis Road, Little Rock AR 72205	Last Thursday	5:30-6:30pm
Stroke Support Group 10117 Kanis Road, Little Rock AR 72205	2nd Thursday	3-4pm