



What should I expect for my first visit?

The first appointment with your therapist will be approximately one hour long. You and your therapist will be in a private room where you will review your medical history and a health and movement screen will be performed. Depending on the condition being treated, an internal examination may be conducted. It's important to note, an internal examination is not required at this visit and can be performed during a follow up visit depending on your comfort level.



Baptist Health Therapy Center -
North Little Rock
Phone: 501-202-3442
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Pelvic Health
Physical Therapy

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DN Cert.

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What is pelvic health therapy?

Pelvic health therapy is also known as women's health or pelvic floor therapy. It is a specialty of physical therapy that can treat various disorders of the pelvic floor.

What can a pelvic health therapist treat?

Some common conditions treated are general pelvic pain, pain with intercourse, urinary incontinence, and peripartum care. Other conditions include post operative care, low back pain, and SI joint pain.

How do I get started with therapy?

Physician orders can be faxed to our office at 501-202-3559. Once we receive your order we will call you to schedule your appointment!



Our therapy center is located at Baptist Health Medical Center-North Little Rock.

DIRECTIONS:

From 67/167: Take the McCain Blvd. exit and follow the hospital signs to Springhill Drive. Take a right on Springhill Drive. The hospital is directly on the right.

From I-40: Take exit 156, the hospital will be on the left.

PARKING:

Park in the main hospital parking lot near the east entrance (the lot to the left of the Emergency Department).



Conditions Treated

- Pelvic organ prolapse
- Dyspareunia (painful intercourse)
- Vaginismus
- Vulvodynia
- Vestibulodynia
- Urinary incontinence
 - Stress
 - Urge
 - Mixed
- Urinary retention
- Coccygodynia
- SI joint dysfunction
- Scar management
- Prepartum and postpartum care
- Menstrual pain and dysfunction
- Abdominal pain

