

POOL CLASSES

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
5:00 AM	POOL OPENS	POOL OPENS	POOL OPENS	POOL OPENS	POOL OPENS		
7:00 AM						POOL OPENS	
8:15 AM		AQUA BOOTCAMP TAMIKA		AQUA BOOTCAMP TAMIKA			
9:00 AM		AQUA FITNESS TAMIKA		AQUA FITNESS TAMIKA			
9:15 AM	AQUA FITNESS TAMIKA		AQUA FITNESS TAMIKA				
9:30 AM							
10:00 AM	ARTHRITIS WELLNESS TAMIKA	ARTHRITIS WELLNESS TAMIKA	ARTHRITIS WELLNESS TAMIKA	ARTHRITIS WELLNESS TAMIKA			
10:45 AM							
11AM-12							
1:00 PM	AQUA THERAPY REHAB LAP/POOL EXERCISE		AQUA THERAPY REHAB LAP/POOL EXERCISE		AQUA THERAPY REHAB LAP/POOL EXERCISE		POOL OPENS
1:30 PM							
1 - 4:30 PM						FAMILY SWIM	
3 - 5:30 PM							FAMILY SWIM
3:00 PM					FAMILY SWIM		
3:30 PM	AQUA CDP CECE		AQUA CDP CECE				
4:00 PM							
4:15 PM							
4:30 PM		ADULT LEARN TO SWIM KRISS		ADULT LEARN TO SWIM KRISS		POOL CLOSED	
5:00 PM	AQUA TONING CECE		AQUA TONING CECE				
5:15 PM	KIDS LEARN TO SWIM BEGINNER CLASS	AQUA FITNESS BARBARA		AQUA FITNESS BARBARA			POOL CLOSED
5:45 PM							
6:15 PM	KIDS LEARN TO SWIM INTERMEDIATE CLASS						
7:00 PM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM			
7:30 PM					POOL CLOSED		
9:00 PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED			

PARENTAL SUPERVISION IS REQUIRED FOR FAMILY SWIM!

	<u>MAFC HOURS</u>	<u>CHILD CARE HOURS</u>		<u>POOL HOURS</u>
MON. - THURS.	5:00 A.M. - 10:00 P.M.	8:00 A.M. - 12:30 P.M.	4:00 P.M. - 7:30 P.M.	5:00 A.M. - 9:00 P.M.
FRIDAY	5:00 A.M. - 8:00 P.M.	8:00 A.M. - 12:30 P.M.	NO EVENING	5:00 A.M. - 7:30 P.M.
SATURDAY	7:00 A.M. - 5:00 P.M.	8:30 A.M. - 11:30 A.M.	NO EVENING	7:00 A.M. - 4:30 P.M.
SUNDAY	1:00 P.M. - 6:00 P.M.	NO SUNDAY	NO SUNDAY	1:00 P.M. - 5:30 P.M.

