



# Bariatric Surgery Insurance Tip Sheet

## Questions you should ask your insurance provider:

1. Is there exclusion for morbid obesity (diagnosis code E66.01) on my policy? \_\_\_\_\_
2. Is surgery for morbid obesity a covered benefit? \_\_\_\_\_
3. What is the benefit level for the surgical treatment of morbid obesity? (80/20?, 60/40, etc.)  
In-Network benefit level \_\_\_\_\_ Out-of-network benefit level \_\_\_\_\_
4. Is Sleeve Gastrectomy a covered benefit (CPT code 437775)? \_\_\_\_\_
  - a. Are there additional qualification criteria for the sleeve (BMI greater than 50)? \_\_\_\_\_
5. Is Gastric Bypass a covered benefit (CPT code 43644)? \_\_\_\_\_
6. What criteria must be met for approval? \_\_\_\_\_
7. Do I need a psychiatric evaluation? \_\_\_\_\_
8. Do I need a consultation or evaluation by a dietitian before insurance approval? \_\_\_\_\_
9. Do I need to submit chart notes showing supervised weight loss attempts? \_\_\_\_\_ If YES
  - a. How many months? \_\_\_\_\_
  - b. How recent should they be? \_\_\_\_\_
10. Is there any specific testing that is required for approval? (e.g., blood work, cardiac clearance, ulcer screening) \_\_\_\_\_
11. Will any additional information or record be needed by the insurance company? \_\_\_\_\_  
\_\_\_\_\_
12. Insurance company name and phone number called: \_\_\_\_\_
13. Date called: \_\_\_\_\_
14. Name of representative and call back number? \_\_\_\_\_



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# Bariatric Surgery

## PREOPERATIVE INSTRUCTIONS

1. Do not eat or drink after Midnight the night before surgery.
2. Do not take home medications the morning of surgery unless instructed otherwise by your surgeon.
3. Do shower with Hibicleanse. Follow the instructions listed on the bottle and below.
4. Required items to bring with you to the hospital on the day of surgery:
  - Incentive Spirometer
  - Home C-Pap (Only if you have been prescribed to use one)
  - If you forget your C-pap, YOUR SURGERY MAY BE CANCELED until a later date.

### Hibiclens Bathing Instructions

- Shower with Hibicleanse two nights before surgery and the morning of surgery
- Leave on the skin for two minutes before rinsing

### Incentive Spirometer Instructions

- After surgery, use this device every hour while awake during your hospital stay
- Ask your nurse or respiratory therapist for assistance

## After Bariatric Surgery

### Contact

You may receive a call and/or a letter (return postage paid) asking about your post surgery care anytime up to the 30th day after your surgery. This is a Bariatric Surgery Accreditation Program requirement that assists in ensuring that you are receiving the best care available. It only takes a few minutes to complete. We appreciate your participation.

### Support

Support after surgery is key to long-term success. You are more likely to reach and maintain your weight loss goals if you participate in a support group. Baptist Health offers after-surgery support through Facebook. Please search Baptist Health Bariatric Support Group in the Facebook app to join.



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A schedule is available at [baptist-health.com](http://baptist-health.com) or you may call the Baptist Health Healthline at 1-888 B-A-P-T-I-S-T (227-8478) for more information