Freedom from Fibroids
Uterine Fibroid Embolization
Did you know there may be a way to get freedom from your fibroids without hormone therapy OR surgery? Uterine Fibroid Embolization, or UFE, offers a less invasive experience, while successfully treating fibroids.

FreedomFromFibroids.com
Simply put, uterine fibroids are non-cancerous growths that form in, on, or outside the uterus. Fibroids vary in size and number, and may grow slowly or experience periods of rapid growth.

There are basically 4 major types of uterine fibroids:

- **Intramural Fibroids**: Grow within the muscular uterine wall.
- **Pedunculated Fibroids**: Can be inside or outside of the uterus and are attached to the uterus by a base or stalk.
- **Subserosal Fibroids**: Extend outside of the uterine wall.
- **Submucosal Fibroids**: Bulge and can extend into the uterine cavity.
WITH UFE
U MAY HAVE ANOTHER CHOICE

UFE works by blocking the flow of blood to uterine fibroids, depriving them of the oxygen and nutrients they require to grow.

The typical UFE procedure is performed by an Interventional Radiologist (IR), lasts less than one hour, can be done under conscious sedation and doesn’t require an extended hospital stay.
PROCEDURE

First, a small tube, called a catheter, is inserted into the groin to access the vessels that surround your fibroids.
The radiologist then injects microspheres through the catheter.
PROCEDURE

These microspheres fill the uterine blood vessels and block the flow of blood. Once the fibroids are starved of oxygen, they begin to shrink and your symptoms should start to improve.
THE UPSIDE OF UFE
ADVANTAGE OVER MORE INVASIVE TREATMENTS

When dealing with any medical issue, knowledge is indeed power. As you do your research, you'll naturally talk over treatments with your doctors. So, why choose UFE?

| Non-surgical approach that’s minimally invasive |
| Preservation of the uterus and ovaries |
| Minimal blood loss |
| Shorter hospitalization and faster return to work compared to hysterectomy and myomectomy |
| Decrease in symptoms caused by fibroids: heavy, prolonged periods; menstrual cramping, and abdominal pain/pressure |
| Lower rate of adverse events compared with standard interventional treatments |

*If you have any questions about the UFE procedure and other treatment options, talk directly with an Interventional Radiologist (IR) and your GYN.*
There are risks associated with uterine fibroid embolization which include but are not limited to: reduced blood flow to the leg, allergic drug reactions, infection, uterine ischemia (a decreasing or ineffective blood supply to the uterus), or uteroenteric fistula (an abnormal connection between ureter and gastrointestinal tract), amenorrhea (absence of menstruation) following the procedure, premature menopause, infection of the endometrium or other structures in the pelvis, which, if severe, could require a hysterectomy, and rupture of the uterus.

Be sure to talk with your doctor so that you thoroughly understand all of the risks and benefits associated with the treatment of uterine fibroids.