



# Catering Menu 2010



**Baptist Health**

ALL OUR *Best*

## Types of Service

**BUFFET** – Buffet Table is Set Up for Self –Serve Foods, Plates, Silverware, Condiments, and Beverages. Tables are Set with Linens. Catering Staff is Not Assigned to Serve or Remove Plates. Buffet Service has a Minimum of 25 People (for non-BAPTIST HEALTH Groups)

**BUFFET/SERVE** – Buffet Table is Set Up for Self-Serve with Plates and Food. The Tables are Set with Linen, Condiments, Salads, Desserts and Place Settings. Catering Staff is Available to Serve Entrees, Replenish Beverages and Remove Plates. Buffet/Serve Meals are a Minimum of 25 People (for non-BAPTIST HEALTH Groups)..... **Additional \$1.25 per person**

**PLATED** – Food is Served at the Table by the Catering Staff. The Tables are Set with Linen, Condiments, Place Settings, Salads and Desserts. Catering Staff is Available to Serve Beverages and Remove Plates. Plated Meals are for a Minimum of 15 People (for non-BAPTIST HEALTH Groups).....**Additional \$2.25 per person**

**SEMINAR SET UP** – Includes water and mints....\$.35

# Breakfast

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## **CONTINENTAL – \$5.50 per person**

Choice of Muffin **or** Pastries,  
Assorted Chilled Juices and Freshly Brewed Coffee  
Add Bagel and Condiments...\$1.60 per person  
Add Fruit Tray.....\$2.25 per person  
Add Fruit Cup.....\$1.75 per person

## ♥ **HEART HEALTHY BREAKFAST – COLD - \$6.40 per person**

Toasted Bagels with Light Cream Cheese, Assorted Yogurt,  
Granola, Assorted Chilled Juices and Freshly Brewed Coffee  
Add Fruit Tray.....\$2.25 per person

## **BREAKFAST SANDWICH - \$6.90 per person**

Egg, Bacon, Ham, **or** Sausage with Cheese on a Croissant,  
Hash Brown Potatoes, Assorted Chilled Juices and Freshly Brewed Coffee  
Add Fruit Tray.....\$2.25 per person

## **SIMPLY SOUTHERN BREAKFAST - \$8.05 per person**

Scrambled Eggs, Hash Brown **or** Confetti Potatoes, Bacon, **or** Sausage Patties,  
Biscuits with Gravy, Assorted Chilled Juices and Freshly Brewed Coffee  
Add Fruit Tray.....\$2.25 per person  
Add Fruit Cup.....\$1.75 per person

## ♥ **HEART HEALTHY BREAKFAST – HOT - \$8.05 per person**

Heart Healthy Scrambled Egg, Turkey Sausage Patty,  
Toasted Bagels with Light Cream Cheese, Assorted Chilled Juices,  
and Freshly Brewed Coffee  
Add Fruit Tray.....\$2.25 per person

## **\*FRENCH TOAST BAR - \$8.05 per person**

French Toast with Maple Syrup **or** Warm Fruit Sauce, Whipped Topping,  
Bacon **or** Sausage Patties, Assorted Chilled Juices and Freshly Brewed Coffee  
Add Fruit Tray.....\$2.25 per person

## **BREAKFAST QUICHE - \$8.05 per person**

Egg Custard with Bacon, Sausage, Ham, Cheese, and New Potatoes  
Served with Fresh Fruit Tray, Assorted Chilled Juices and Freshly Brewed Coffee

## ♥ **HEART HEALTHY VEGETABLE QUICHE - \$8.05 per person**

Egg Beaters, Spinach, and Cheese  
Served with Fresh Fruit Tray, Assorted Chilled Juices and Freshly Brewed Coffee

♥ Heart Healthy Items

\*25 persons or less

# Plated Entrée Salads

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## **STUFFED TOMATO PLATTER – \$8.60**

Choice of Chicken, Tuna, **or** Ham Salad,  
Served on a Bed of Spring Mix and Garden Vegetables.  
Served with Assorted Dressings. Served with Iced Tea and Coffee\*

## **CHICKEN CAESAR SALAD - \$9.80**

Crisp Romaine Lettuce with a Charbroiled Chicken Breast.  
Served with Caesar Dressing. Served with Iced Tea and Coffee\*

## **COBB SALAD - \$9.80**

Green Leaf Lettuce and Salad Mix Topped with Smoked Turkey, Green Onions,  
Boiled Egg, Bacon, Tomato, Cheddar Cheese, Black Olives, Artichokes,  
and Avocados. Served with Assorted Dressings. Served with Iced Tea and Coffee\*

## **FAJITA SALAD - \$9.80**

Choice of Chicken **or** Beef. A Blend of Crisp Greens, Nested on a Bed of Tri-Colored  
Tortilla Chips, Julienne Peppers and Onions, Tomatoes, Cheddar Cheese, Black Olives,  
Sour Cream, and Salsa. Served with Assorted Dressings. Served with Iced Tea and Coffee\*

## **TRADITIONAL CHEF SALAD - \$9.80**

Tossed Greens with Julienne Ham, Turkey, and Cheese, Boiled Egg, Tomato,  
Cucumbers, Black Olives, Radish, Celery, and Carrots Sticks.  
Served with Assorted Dressings. Served with Iced Tea and Coffee\*

## **CORPORATE CHEF SALAD - \$9.80**

Grilled Chicken Breast with Homemade Pasta. Salad with Medley of  
Garden Vegetables, Feta Cheese, and Toasted Pine Nuts, on a Bed of  
Spring Mix and Leaf Lettuce. Served with Assorted Dressings.  
Served with Iced Tea and Coffee\*

## **SUGGESTED ACCOMPANIMENTS**

Chips.....\$1.90 per person  
Fresh Fruit Cup.....\$1.75 per person

## **\*ADDITIONAL BEVERAGE SELECTION**

Canned Soft Drink (12 oz).....\$1.50  
Bottled Soft Drink (20 oz).....\$2.05  
Bottled Water (20 oz).....\$1.75

# Sandwiches

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## ♥ **HOT CHARBROILED CHICKEN SANDWICH - \$8.60**

Charbroiled Chicken Breast with Lettuce and Tomato on a Fresh Potato Bun.  
Served with Fresh Fruit Cup and Cookies. Served with Iced Tea and Coffee\*

## **DELI SANDWICH - \$8.60**

Choice of Chicken Salad, Tuna, Smoked Turkey, Ham, **or** Roast Beef.  
Choice of Sliced Cheddar **or** Swiss Cheese. Variety of Breads to Choose From:  
Potato Bun, Hoagie Roll, Croissant, **or** Kaiser, with Lettuce and Tomato.  
Includes Fruit Cup, Chips and a Cookie. Served with Iced Tea and Coffee\*  
**(May be purchased as a Lunch Box)**

## **VIRGINIA CLUB SANDWICH - \$9.80**

A Ham, Turkey and Cheese Sandwich on Three Slices of Whole Wheat Bread  
with Bacon, Lettuce, and Tomato. Served with Fresh Fruit **or** Chips and  
Cookies. Served with Iced Tea and Coffee\*

## **BBQ PORK SANDWICH - \$9.80**

Pull Pork with BBQ Sauce, Served on Potato Bun, with Crisp Fresh Creamy  
Cole Slaw, Onion Rings and Cookies. Served with Iced Tea and Coffee\*

## **\*ADDITIONAL BEVERAGE SELECTION**

Canned Soft Drink (12 oz).....\$1.50  
Bottled Soft Drink (20 oz).....\$2.05  
Bottled Water (20 oz).....\$1.75

# Lunch / Dinner Entree ---

Includes Choice of Starch, Vegetable, Salad and Dessert, Dinner Roll, Iced Tea and Coffee.\*

**ITALIAN LASAGNA - \$10.85**

Beef **or** Vegetable Selection, Classically Prepared with Assorted Cheeses. Includes Garlic Bread

**HONEY ROASTED SESAME CHICKEN - \$12.00**

Chicken Breast Specially Coated, Fried with Drizzled Honey and Sesame Seed

**MARINATED CHICKEN BREAST - \$12.00**

Marinated Chicken Breast Deep fried to a Golden Brown. Served with a Creamy Supreme Sauce **or** Sweet and Sour Sauce

♥ **CHARBROILED CHICKEN BREAST – \$12.00**

Served with Tropical Fruit Salsa

**ROAST PORK LOIN SESAME – \$13.20**

Lean Pork Loin Rubbed with Garlic and Sesame Seeds

♥ **BAKED CITRUS ORANGE ROUGHY - \$16.00**

Marinated in Orange Juice, Soy Sauce and Lemon, Lightly Dipped in Bread Crumbs, Cooked to Perfection

**CHINESE COCONUT SHRIMP - \$16.00**

Lightly Breaded in Coconut, Fried to Golden Brown. Served with Cocktail Sauce

**CHARBROILED TENDERLOIN STEAK - \$20.60**

Grilled to Perfection. Served with Blue Cheese and Green Peppercorn Sauce

**\*ADDITIONAL BEVERAGE SELECTION**

Canned Soft Drink (12 oz).....\$1.50

Bottled Soft Drink (20 oz).....\$2.05

Bottled Water (20 oz).....\$1.75

# Planned Buffet Meals

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## **POTATO BAR - \$9.80**

Large Baked Potato with Choice of Toppings (Shredded Cheese, Mushrooms, Bacon Bits, Green Onions, Jalapenos, Cheese Sauce, Broccoli, Salsa, Butter and Sour Cream.) Served with Iced Tea and Coffee\*

## **PASTABILITIES - \$12.00**

Two Pastas, Marinara Sauce, Alfredo Sauce, and Chicken Breast. Includes Tossed Salad with Dressing, Garlic Bread and Parmesan Cheese. Served with Iced Tea and Coffee\*

## **DELI BUFFET - \$12.00**

Sliced Ham, Turkey and Roast Beef, Cheeses, White and Wheat Bread, Lettuce, Tomatoes, Pickle Spear and Potato Chips. Served with Iced Tea and Coffee\*

## **TEX MEX BAR - \$12.00**

Choice of Beef Burrito, Pork Tamale, **or** Chicken Chimichanga  
Choice of Spanish **or** Verde Rice, Refried Beans, **or** Black Bean and Corn Relish. Served with Iced Tea and Coffee\*

## **PIZZA PRONTO - Market Price**

16" Thick **or** Thin Crust Pizza with Spicy Sauce. Your Choice of Toppings  
Include Supreme, Pepperoni, Sausage, Vegetables, and Four Cheeses.  
Includes Tossed Salad and Assorted Dressing. Served with Iced Tea and Coffee\*

## **ENCHILADAS - \$10.85**

Your Choice of Cheese, Chicken, **or** Beef, Served with Spanish Rice and Refried Beans  
Served with Iced Tea and Coffee\*

## **SOUTHERN FRIED FILLET OF CATFISH - \$14.25**

Served with French Fries, Hushpuppies, and Cole Slaw.  
Accompanied with Tartar Sauce  
Served with Iced Tea and Coffee\*

### **\*ADDITIONAL BEVERAGE SELECTION**

Canned Soft Drink (12 oz).....\$1.50  
Bottled Soft Drink (20 oz).....\$2.05  
Bottled Water (20 oz).....\$1.75

# Salads

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Select One

♥ **TOSSED GREEN SALAD**

Assorted Greens, Tossed with Shredded Carrots and Red Cabbage.  
Served with Assorted Salad Dressings.

**CAESAR SALAD**

Romaine Lettuce Topped with Croutons and Parmesan Cheese.  
Served with Caesar Dressing.

**TRADITIONAL SPINACH SALAD ..... Additional \$1.50**

Curly Fresh Spinach, Bits of Bacon, Red Onion Rings, Sliced Mushrooms, Chopped Hard Boiled Egg, Cherry Tomato, Black Olives. Served with Assorted Salad Dressings.

**BERMUDA ONION, TOMATO, BASIL &  
MOZZELLA CHEESE SALAD..... Additional \$1.50**

Slices of Garden Tomatoes, Red Onion, Fresh Mozzarella Cheese Served with Basil Vinaigrette.

# Starches

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Select One

♥ **GARDEN BLEND RICE**

♥ **WILD RICE PILAF**

♥ **BAKED POTATOES**

**WHIPPED POTATOES AND GRAVY**

**MAPLE ROASTED SWEET POTATOES**

**ROASTED NEW POTATOES WITH RED PEPPERS**

**TWICE BAKED POTATOES**

# Vegetables

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Select One

♥ **SUGAR SNAP PEAS**

♥ **VEGETABLE MEDLEY**

♥ **GREEN BEANS ALMONDINE**

♥ **GLAZED CARROTS**

**BROCCOLI WITH CHEESE SAUCE**

**ROASTED CORN BLEND**

# Desserts

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Select One

**DEEP DISH SOUTHERN COBBLER OF THE DAY**  
A Deep Dish Fruit Cobbler Lightly Sprinkled with Spices

**LEMON ICE BOX PIE**  
Cool and Refreshing Lemon Dessert on Cookie Crust

**TUXEDO DELIGHT**  
Delicious Walnut Brownie Topped with Whipped  
Topping and Chocolate Sauce

♥ **FRESH FRUIT CUP**  
A Seasonal Mixture of Chilled Fresh Fruit

**FRESH BAKED COOKIES**

**Following Desserts..... Additional \$1.50**

**CHERRY CHEESECAKE**  
Cheesecake Served with Cherry Topping

**FRENCH SILK PIE**  
Chocolate Cream Pie with Whipped Topping and Chocolate Curl Garnish

**DOUBLE CHOCOLATE LAYER CAKE**  
Triple Layer Chocolate Cake with Creamy Chocolate Icing

**COCONUT CAKE**  
Triple Layer White Cake with Fluffy Coconut Icing

**STRAWBERRY CLOUD CAKE**  
White Layer Cake with Strawberry Whip Cream Icing

**RASPBERRY BREAD PUDDING**  
Served with Classic Dessert Sauce

♥ Heart Healthy Items

# Beverages

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	<b>Pitcher (6-8 svgs)</b>	<b>Gallon (10 –12 svgs)</b>
Iced Tea (8 oz).....	\$ 12.00	\$17.15
	<b>Carafe (6-8 svgs)</b>	
Coffee/Hot Tea (8 oz).....	\$ 12.00	\$17.15
Canned Soft Drinks (12 oz).....	\$ 1.50	
Bottled Soft Drinks (20 oz).....	\$ 2.05	
Bottled Water (20 oz).....	\$ 1.75	
	<b>Gallon (20 svgs)</b>	
Tropical Punch (6 oz).....	\$22.85	
Peach Punch (6 oz).....	\$22.85	

# Party Trays

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## ♥ FRESH VEGETABLE TRAY WITH DIP

Tempting Garden Vegetables Including Carrot and Celery Sticks, Cauliflower and Broccoli Floret, Radishes, Cucumbers and Cherry Tomatoes with Your Choice of French Onion or Ranch Dip

**12" (12-14 svgs) - \$24.00**

**16" (18-22 svgs) - \$40.00**

## PARTY SANDWICH TRAY

A Party-Pleasing Assortment of Delicious Tea Size Sandwiches. Triangular Tidbits of Ham, Chicken, Tuna Pimento Cheese or Turkey on White and Wheat Bread

**12" (6-8 svgs) - \$19.45**

**16" (12-16 svgs) - \$38.85**

## MEAT AND CHEESE TRAY

Our Most Popular Tray of Sliced Ham, Turkey, Roast Beef, American or Cheddar and Swiss Cheese, Including Assorted Breads, Lettuce, Tomatoes, Pickle Spear and Condiments

**12" (12-14 svgs) - \$65.15**

**16" (18-22 svgs) - \$108.50**

Add Fresh Fruit Salad.....\$5.15/lb

Add Potato Salad.....\$3.80/lb

## CREAM CHEESE BALL

Our Own Special Recipe, Rolled with Crushed Pecans.  
Served with Assorted Crackers

**1 # (8-2oz svgs) - \$13.75**

**2 # (16-2oz svgs) - \$27.45**

## FRESH FRUIT TRAY

Features an Assortment of Seasonal Fruits

**12" (12-14 svgs) - \$24.00**

**16" (18-22 svgs) - \$40.00**

Seasonal Fruit with Three Assorted Cheeses

**12" (12-14 svgs) - \$34.30**

**16" (18-22 svgs) - \$57.10**

## FRESH BAKED COOKIE TRAY

Assorted Cookies (2 per person)

**12" (3 dozen) - \$25.10**

**16" (6 dozen) - \$50.30**

## BROWNIE TRAY

Fudge Brownies (1 per person)

**12" (12 svgs) - \$20.60**

**16" (24 svgs) - \$41.15**

## GOURMET SWEET TRAY

Cookie/Brownie Tray

**12" (6 svgs) - \$19.45**

**16" (12 svgs) - \$38.85**

# Party Trays con't

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## **GOURMET BAR TRAY**

Delicious Carmel Apple, Chunky Pecan, Brownie Bash and Melt Aways

**12" (8-10 svgs) - \$20.00**

**16" (16-20 svgs) - \$40.00**